



Cigna StudyWell®

Summary of Benefits for:

Policy Number:

Global Health Benefits

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Insured and/or administered by:
Cigna Global Insurance Company Limited

Bennington College
Benefits at a Glance
Global Plan for all covered Members
Policy # 10161A
Plan Start Date August 15, 2024

This plan provides minimum essential coverage.

NOTE: This information is a general description of benefits and is not a contract. Refer to your certificate booklet for complete details of coverage and exclusions. If there is any difference between this summary and the certificate, the information in the certificate will apply. Please note that your plan does not cover expenses for services which are not medically necessary.

Cigna Global Customer Service		
Toll Free Telephone Number:	1.800.441.2668	
Direct Telephone:	1.302.797.3100 (collect calls accepted)	
Toll Free Fax Number:	1.800.243.6998	
Direct Fax Number:	001.302.797.3150	
Secure Website:	www.CignaEnvoy.com . Registration is Required (See member kit for registration information.) Secure email available at this site.	
Mail Delivery:	Cigna Global Health Benefits P.O. Box 15050 Wilmington DE 19850-5050 U.S.A.	Cigna Global Health Benefits 300 Bellevue Parkway Wilmington DE 19809 U.S.A.

General Plan Provisions - All Amounts in U.S. Dollars

Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Area of Cover	Worldwide		
U.S. Medical Network	OAP		
Eligibility	Refer to eligibility definition in the certificate		
Lifetime Maximum	Unlimited		
Annual Maximum	Unlimited		
Policy Year Deductible · Per Individual	\$0	\$250	\$1,000
· Per Family	\$0	\$500	\$2,000
Coinsurance (The percentage of covered expenses the plan pays)	100%	80%	60%
Out-of-Pocket Maximum (Includes Deductible) · Per Individual	\$0	\$7,500	Unlimited
· Per Family	\$0	\$15,000	Unlimited



Global Medical Plan	
Deductible Calculation	Claims for a family member are covered at plan coinsurance: <ul style="list-style-type: none"> • When that family member satisfies the Individual Deductible -OR- • When the Family Deductible is satisfied regardless of whether or not the Individual Deductible is satisfied.
Out-of-Pocket Calculation	Claims for a family member are covered at 100% coinsurance: <ul style="list-style-type: none"> • When that family member satisfies the Individual Out-of-Pocket Maximum -OR- • When the Family Out-of-Pocket Maximum is satisfied regardless of whether or not the Individual Out-of-Pocket Maximum is satisfied. Out-of-Pocket will: Include deductible payments; Include copay payments; Include pharmacy copays; Include pharmacy coinsurance payments; Exclude Pre-Admission Certification/Continued Stay Review penalties.
Network Accumulation	Plan Deductible, Out-of-Pocket, maximums and service specific maximums (dollar and occurrence) will cross-accumulate across international and domestic networks.
Certification Requirements - For services rendered inside the United States	
Precertification for inpatient and outpatient services received in the U.S. may be required. <ul style="list-style-type: none"> • Providers must call our toll-free number, 1.800.441.2668 to pre-certify services. • You or your dependents are responsible for ensuring that Out-of-Network providers pre-certify services. • Failure to obtain precertification may affect Out-of-Pocket costs. • This is a summary only and further details can be found in the certificate booklet. 	



	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Physician's Services · Physician's Office Visit	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Surgery Performed In the Physician's Office	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
Student Health Center (if applicable)	Not Covered	100% not subject to deductible	100% not subject to deductible
Preventive Care · Routine Preventive Care	100%	100% not subject to deductible	60% after deductible
· Policy Year Maximum: Unlimited			
· Immunizations	100%	100% not subject to deductible	60% after deductible
Travel Immunizations (Immunizations as required for travel)	Not Covered	Not Covered	Not Covered
Mammograms, PSA, PAP Smear and Colorectal Cancer Screenings	100%	100% not subject to deductible	60% after deductible
Inpatient Hospital · Inpatient Hospital - Facility Services (Limited to the Semi-Private Room Rate)	100%	100% not subject to deductible	60% after deductible
· Inpatient Hospital Physician Visits/Consultations	100%	80% after deductible	60% after deductible
· Inpatient Professional Services (Surgeon, Radiologist, Pathologist, Anesthesiologist)	100%	80% after deductible	60% after deductible
Outpatient Services · Outpatient Facility Services	100%	80% after deductible	60% after deductible
· Outpatient Professional Services	100%	80% after deductible	60% after deductible
Emergency Room	100%	\$200 per visit copay, then 100% not subject to deductible	\$200 per visit copay, then 100% not subject to deductible
Urgent Care Services	100%	\$50 copay, then 100% not subject to deductible	60% after deductible
Ambulance	100%	100% after deductible	100% after deductible



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Laboratory Services			
· Physician Office Visit	100%	80% after deductible	60% after deductible
· Outpatient Facility	100%	80% after deductible	60% after deductible
· Laboratory Services at an Independent Lab facility	100%	80% after deductible	60% after deductible
Radiology Services			
· Physician Office Visit	100%	80% after deductible	60% after deductible
· Outpatient Facility	100%	80% after deductible	60% after deductible
Advanced Radiology (i.e., MRIs, MRAs, CAT Scans, PET Scans)			
· Physician Office Visit	100%	\$250 copay, then 100% not subject to deductible	60% after deductible
· Inpatient Facility	100%	100% not subject to deductible	60% after deductible
· Outpatient Facility	100%	\$250 copay, then 100% not subject to deductible	60% after deductible
Outpatient Therapy Services			
· Physician Office Visit	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Outpatient Hospital Facility	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
Policy Year Maximum:	30 Days for all Therapies Combined		
<p>The limit is not applicable to Mental Health and Substance Use Disorder conditions. <i>Includes:</i> Cardiac and Pulmonary Rehab, Speech, Occupational, Cognitive, and Physical Therapy / Physiotherapy.</p>			



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Chiropractic Care Policy Year Maximum: 20 Days	100%	80% after deductible	60% after deductible
Maternity Care Services			
· Initial Visit to Confirm Pregnancy	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· All subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges (i.e. global maternity fee)	100%	80% after deductible	60% after deductible
· Physician's Office Visits in addition to the global maternity fee when performed by an OB/GYN or Specialist	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Delivery – Facility			
· Inpatient Hospital	100%	100% not subject to deductible	60% after deductible
· Birthing Center	100%	100% not subject to deductible	60% after deductible



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Infertility Services	Diagnosis of Infertility is covered under general Physician Office Visits. Coverage will be provided for the following services:		
· Physician Office Visit and Counseling	Not Covered	Not Covered	Not Covered
· Lab and Radiology Tests	Not Covered	Not Covered	Not Covered
· Inpatient Facility	Not Covered	Not Covered	Not Covered
· Outpatient Facility	Not Covered	Not Covered	Not Covered
Hearing Exam	Not Covered	Not Covered	Not Covered
Hearing Device / Aids	Not Covered	Not Covered	Not Covered
Dental Care Limited to changes made for a continuous course of dental treatment started within six months of an injury to teeth			
· Physician Office Visit	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Inpatient Facility	100%	100% not subject to deductible	60% after deductible
· Outpatient Facility	100%	80% after deductible	60% after deductible
Policy Year Maximum		\$1,000	
Mental Health			
· Physician Office Visit	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Inpatient Facility	100%	100% not subject to deductible	60% after deductible
Maximum: (combined with Substance Use Disorder)		Unlimited	
· Outpatient Facility	100%	80% after deductible	60% after deductible
Maximum: (combined with Substance Use Disorder)		Unlimited	
Substance Use Disorder			
· Physician Office Visit	100%	\$25 copay, then 100% not subject to deductible	60% after deductible
· Inpatient Facility	100%	100% not subject to deductible	60% after deductible
Maximum: (combined with Mental Health)		Unlimited	
· Outpatient Facility	100%	80% after deductible	60% after deductible
Maximum: (combined with Mental Health)		Unlimited	



Prescription Drug Benefits		
International (Outside of the U.S.)		
Purchased outside the United States	No Charge, not subject to plan deductible	
Purchased Inside the United States Only		
Benefit Highlights	Network Pharmacy (U.S. In-Network)	Non-Network Pharmacy (U.S. Out-of-Network)
Prescription Drug Products at Retail Pharmacies	The amount you pay for up to a consecutive 30-day supply	
Tier 1 - Generic Drugs on the Prescription Drug List	No charge after you pay the \$20 copay	You pay 40% after plan deductible
Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List	No charge after you pay the \$40 copay	You pay 40% after plan deductible
Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List	No charge after you pay the \$60 copay	You pay 40% after plan deductible
Prescription Drug Products at Home Delivery Pharmacies	The amount you pay for up to a consecutive 90-day supply	
Tier 1 - Generic Drugs on the Prescription Drug List	No charge after you pay the \$60 copay	In-Network coverage only
Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List	No charge after you pay the \$120 copay	In-Network coverage only
Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List	No charge after you pay the \$180 copay	In-Network coverage only
Pharmacy Plan Features for Prescriptions Drugs Purchased Inside the United States Only		
Prescription Drug List	Advantage 3-Tier	
Dispense As Written	If you request to fill a brand name drug that has a generic equivalent available, you will be financially responsible for the difference in cost between the brand name and the generic drug, plus any required brand name drug copayment and/or coinsurance, if applicable. However, if your doctor has determined a generic drug is not an acceptable alternative for you, you will only be responsible for payment of the appropriate brand name drug copayment and/or coinsurance, if applicable	
Utilization Management	Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for your medical condition	
Step Therapy	Certain drugs are subject to step therapy requirements. To identify whether a particular drug is subject to step therapy, please refer to your prescription drug list.	
Prior Authorization	Coverage for certain drugs require your Physician to obtain prior authorization from Cigna. To identify whether a particular drug requires prior authorization, please refer to your prescription drug list.	
Quantity Limits	Includes maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits	
To see if your medication is covered, you can view Cigna's Prescription Drug List by going to www.Cigna.com/druglist and select "Legacy 3-Tier"		



Global Evacuation Plan	
Toll Free telephone number	1.800.441.2668
Emergency Medical Evacuation	100% of covered expenses for approved services.
Family Travel Arrangements	Roundtrip Airfare at Economy Rates to the place of hospitalization for 1 Family Member for hospitalizations in excess of 7 Days
Return of Dependent Children	One-way Airfare at Economy Rates to return dependent children to country of residence
Repatriation of Mortal Remains	100% coverage

Global Telehealth	
Teladoc Health International	<p>Available 24/7 via the Cigna Wellbeing App and Envoy Home Page (cignaenvoy.com), Global Telehealth gives you access to licensed doctors around the world.</p> <ul style="list-style-type: none"> • Video or phone consultations with licensed doctors when medically necessary • Prescriptions for common health concerns when medically necessary and permitted • Treating medical conditions like fever, rash, pain and more • Assistance with preparations for an upcoming consultation • Discussing medication plan and potential side effects • Diagnosing non-emergency health issues ranging from acute conditions to complex chronic conditions

Global Accidental Death & Dismemberment	
Member Benefit	A flat benefit amount of \$5,000
Reduction of Benefits	To 65% at age 65 and 50% at age 70; Terminate at Retirement
Scope of Coverage	24 Hour Coverage



We're here for you, anytime you need us, 24/7/365 customer service

Cigna HealthcareSM, Global Health Benefits delivers world-class customer service and support to our clients and their globally mobile employees – at every stage of a global assignment. It does not matter where our clients or customers are working or what time zone – our global service center is open 24 hours a day, seven days a week. You can also contact Cigna Healthcare through the secure mailbox in [Cigna Envoy](#)[®].*

Contact us options

Toll-free telephone number	+1.800.441.2668
Toll-free TDD telephone number (for the hearing impaired)	+1.800.558.3604
Direct phone (collect calls accepted)	+1.302.746.3059
Toll-free facsimile number	+1.800.243.6998
Direct facsimile number (inside the U.S.)	+1.302.797.3150
Website	CignaEnvoy.com

Global Health Benefits



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